

Inshuri ry'incuke – intangiriro nziza





ISHURI RY'INCUCHE – INTANGIRIRO NZIZA Y'UMWANA

Ishuri ry'incuke rigizwe n'ibikworwa byo kwigisha byita kubyo abana bakeneye mu kwitabwaho, gukina no kwiga, kandi rikaba n'intabwe ya mbere mu rugendo rwo kwiga. Abana benshi bo muri Noruveje bafite imyaka kuva kuri umwe kugeza kuri itandatu bashyirwa mu ishuri ry'incuke.

AMASHURI Y'INCUCHE – itangwa ry'uburezi ku bufatanye bwa hafi n'ababyeyi

Amashuri y'incuke yose yaba ayigenga cyangwa ay'amakomine akurikiza itegeko rigenga amashuri y'incuke. Ishuri ry'incuke rikoresha abarimu b'ishuri ry'incuke nibura baba bafite imyaka itatu y'amashuri ya kaminuza. Ibi bivuze ko umwana wawe yitabwaho n'abakozi bacu babishoboye kandi bita ku bana cyane, bakaba bafite ubumenyi bwinshi ku bana. Gukurikirana umwana, bikorwa mu buryo bwa hafi na hafi n'umuryango we. Ushobora kuvugana n'abakozi ku bintu wibaza, hanyuma ugatanga ibitekerezo bigira uruhare mu buzima bwiza n'iterambere ry'imibereho y'umwana wawe. Guhuza amashuri y'incuke n'iwabo ni ngombwa, cyane cyane iyo imico itandukanye.



AMASHURI Y'INCUIKE – ahantu ho gukinira, kwiga no gutera imbere

- Mu ishuri ry'incuike, umwana wawe aba ari hamwe n'abandi bana mu rwego rw'ubusabane. Abana bamenya imico itandukanye, indimi z'abandi bana, n'ibindi bakunda. Umwana agerageza byinshi birenzeho, kandi ari nako yiga binyuze mu mikino n'ibindi bikorwa hagati ye n'abandi bana n'abantu bakuru. Umwana agira inshuti, akamenya kubana n'abandi, kandi akagira akamenyero mu bijyanye no kwiga mbere yuko atangira mu mashuri y'ibanze, ibi bimufasha mu gutera imbere mu buryo butandukanye.
- Iterambere ry'ururimi rw'abana rityarizwa mw'ishuri ry'incuike. Binyuze mu gukina no kwiga ibintu bishya. Bafatanyije n'abandi bana, biga uburyo banononsora ibitekerezo byabo, uko bumva ibintu bishya, amarangamutima no kumenyera ibindi bitandukanye. Ni gutya ururimi rw'umwana rugenda rutera imbere mu ishuri ry'incuike.
- Abana bashobora kwiga indimi nyinshi icyarimwe. Ishuri ry'incuike hamwe n'ababyeyi, bakora ibishoboka ngo umwana yige ururimi kavukire ndetse n'ikinoruvejiye-ururimi kavukire mu rugo n'ikinoruvejiye mu ishuri ry'incuike.
- Kwiga ururimi bisaba igihe. Ubushakashatsi bwerekana ko bisaba umwaka umwe cyangwa itatu kwiga ururimi neza bihagije kugira ngo ubashe kuvugana n'abandi, kandi bikaba imyaka itanu kugeza kuri irindwi kugira ngo ukoreshe ururimi mu bihe bisanzwe byo kwiga, nko gusoma no kwandika. Akaba ariyo mpanvu gutangira amashuri y'incuike hakiri kare ari ngombwa kugira ngo wige ikinoruvejiye mbere y'uko ishuri ry'ibanze ritangira.

ISHURI Y'INCUIKE – itanga amahirwe ku babyeyi

- Iyo umwana wawe yitabwaho n'abakozi bacu bafite ubunararibonye hamwe n'umutima wo kwita ku bandi mu ishuri ry'incuike, ibi biguha wowe nk'umubyeyi amahirwe yo gutangira akazi cyangwa kwiga.



Ese ishuri ry'incuke ryishyuzwa angahe?

Muri Noruveje igicro cyo kwiga mu ishuri ry'incuke ni ntakuka. Ibi bivuze ngo ishuri ry'incuke ntirishobora guca amafaranga menshi arenze ayo inteko nshingamategeko yemeje ku mwaka. Ayo utanga yiyongeraho nay'ibiryoy. Ayo utanga ku biryo aratandukanye. Biterwa n'ishuri ry'incuke ubwaryo.

Igicro cy'ishuri ry'incuke ugisanga aha: www.bergen.kommune.no/pris-barnehageplass.

Umuryango ufite umushahara muto, wagabanyirizwa ku mafaranga umubyeyi atanga.

Soma ku bijyanye n'ibi hano: www.bergen.kommune.no/redusert-foreldrebetaling

Guhitamo ishuri ry'incuke no gusaba umwanya w'umwana:

Ushobora gusaba umwanya mu ishuri ry'incuke kuri www.bergen.kommune.no/barnehageplass

Muri ubwo busabe bukorewe ku ikoranbuhanga(aho hubururu) ushobora gushaka ishuri ry'incuke riri bugufi yaho utuye.

Urutonde rw'amashuri y'incuke muri Bergen urusanga hano: www.bergen.kommune.no/barnehager

Ushobora kureba amashuri y'incuke aherereye mu bice biri hafi yawe hano: www.barnehagefakta.no

Ese waba ukeneye ubufasha mu gusaba?

Sura inyubako ya servise iri kuri **Kaigaten 4, aharebana na Byparken**, cyangwa hamagara kuri **55 56 55 56**.



Innbyggerservice, Kaigaten 4.

Kuba umubyeyi mw'ishuri ry'incuke



Imikoranire hagati y'ishuri ry'incuke no murugo

Kugirango umwana yisange anaterere imbere, ni ingenzi ko habaho imikoranire yahafi hagati yo murugo hamwe n'ishuri ry'incuke. Ibi bifite uburemere mwigeteke rigenga amashuri y'incuke hamwe no mumabwiriza yagahunda y'ibikorwa by'amashuri y'incuke. Kugirango imikoranire myiza igerweho, nuko ababyeyi n'ishuri ry'incuke bajya bavugana kenshi. Kuvugana biba buri muni iyo bazanye abana niyo baje kubatwara, hamwe no mubiganiro biba bisuzuma iterambere ry'umwana no mu manama y'ababyeyi.

Gutangira

Umunsi wambere mw'ishuri ry'incuke ni ingenzi ku babyeyi n'abakozi. Ishuri ry'incuke ryitegura neza kuburyo umwana hamwe n'ababyeyi bumva batekanye kandi bakagira kwizera kuva kumunsi wambere. Abana baratandukanye, kandi bakitwara muburyo butandukanye iyo batangiye mw'ishuri ry'incuke. Bamwe bahita bumva batekanye mubintu bishya nahantu hashya, mugihe abandi bakenera igihe kirekire mbere y'uko bamenyera.

Mwitangiriro, abana bakwiriye kuguma amasaha make mw'ishuri ry'incuke, bari hamwe n'umubyeyi umwe cyangwa bombi. Buhoro buhoro amasaha yakongezwa. Ishuri ry'incuke risezerana namwe uburyo mwifuzaga iminsi yambere yategurwa. Ningenzi ko uba uhari kandi waboneka mugihe ukenewe numwana muri icyo gihe. Mujye muvuga ko mugihe burigihe cyose. Mujye mumenyesha abana ko arabakozi bo mw'ishuri ry'incuke babitaho igihe muza kuba mwagiye. Ibi bituma umwana yumva atekanye, kandi ibi bituma agirira ikizere ababyeyi hamwe n'abakozi.

Amashuri y'incuke menshi yifuzaga kugirana ikiganiro nababyeyi nyuma yuko umwana atangiye mw'ishuri ry'incuke. Ikiganiro gifasha ishuri ry'incuke mu kumenyana n'umwana. Aha mwatubwira ibyo umwana yaba akeneye bidasanzwe, bishobora kuba aribijyane niburyo,





kuryama, nibyo akunda, ninde wemerewe gufata umwana, cyangwa ibindi ishuri ry'incuke rigomba kwitondera. Muricyo kiganiro, ishuri ry'incuke riboneraho kubaha andi makuru y'ingenzi.

Amakuru kubikubiye mw'ishuri ry'incuke

Amashuri y'incuke yose agira gahunda y'umwaka isobanura inyigisho ishuri ry'incuke ritanga. Kunyongera, ishuri ry'incuke ritanga amakuru murwandiko rwaburi kwezi cyangwa urwandiko ruva mu cyiciro cy'umwana abarizwamwo. Aha muhabwa gahunda y'ibizaza, mukaba mwanamenyeshwa isuzumwa ry'ibikorwa umwana yamaze gukora. Amashuri y'incuke menshi akurikirana amakuru y'ibiba byabaye umunsi kuwundi muburyo bwo gufata amafoto, inyandiko cyangwa byombi. Amashuri y'incuke amwe namwe akoresha interineti muguhanahana amakuru.



Ibiganiro bidateguwe

Kuvugana hagati y'ishuri ry'incuke nababyeyi biba inshuro nyinshi bitateguwe, urugero baje gutwara abana cyangwa babazanye. Mubusanzwe aho haba hari abandi bana nabantu bakuru. Muramutse mwifuza kuvuga kukintu mwifuza ko abandi batacyumva, mwahita musaba ko mushaka kuganira.

Ibiganiro byateguwe

Inshuro nkazingahe k'umwaka, amashuri y'incuke akora inama zababyeyi aho biba biri ngombwa kuzitabira, ababyeyi bose bagatumirwa. Murizo nama haganirwaho ibibazo biba birebana n'ishuri ry'incuke, aha ababa bitabiriye inama bose batanga ibitekerezo byabo.

Akanama kagizwe n'ababyeyi hamwe na komite y'ubufatanye

Akanama kagizwe n'ababyeyi kabamwo n'ababyeyi babana bose mw'ishuri ry'incuke. Akanama kagizwe n'ababyeyi gashyira imbere inyungu z'ababyeyi, kandi gafasha ko habaho imikoranire myiza hagati y'ishuri ry'incuke n'amatsinda y'ababyeyi, ibi bituma mw'ishuri ry'incuke haba umwuka mwiza.

Komite y'ubufatanye (SU) igizwe n'ababyeyi hamwe nabakozi bo mw'ishuri ry'incuke. SU ituma habaho imikoranire myiza hagati y'ishuri ry'incuke n'iwabo wabana. Ibibazo by'ingezi by'ishuri ry'incuke mubusanzwe bisuzumwa muri SU. Urugero kuri ibi bibazo ninka gahunda y'umwaka, ingengo y'imari, ihinduka ry'imikorere cyangwa imiterere.

Kubijyane nigihe bamarayo, kubakurayo no kubajyanayo, uburwayi hamwe n'ibiruhuko mw'ishuri ry'incuke



Igihe bamarayo

Mubusanzwe amashuri y'incuke aba afunguye kuva saa 07:30 kugeza saa 16:30. Amwe mumashuri y'incuke afungura kurenza aya masaha. Buri shuri ry'incuke rizabamenyeshya amasaha yabo bafunguriraho bakanafungiraho. Mwebwe ubwanyu muhitamwo amasaha umwana aguma mw'ishuri ry'incuke buri muni.

Amashuri y'incuke akunze kugira ingendo hanze, umwanya wokuririmba, ururimi-gukina mumatsinda hamwe nibindi bikorwa bitandukanye mbere ya saa sita. Menyeshya ishuri ry'incuke niba muribuze nyuma amasaha yagiye. Gutyo abakozi bakamenya niba bari butegereze cyangwa niba batangira ibikorwa biba biteganyijwe kuruwo muni.

Kubakura no kubajyana mw'ishuri ry'incuke

Menyeshya abakozi ko mwahageze, kugirango umwana yakiranwe urugwiro. Kandi ikindi, vugana nabakozi mugihe uje gutwara umwana. Ibi ningenzi kumutekano w'umwana, kandi no kugirango habeho iherekana makuru ryekeranye numwana.

Ni ingenzi ko inshuri ry'incuke rimenyeshwa ko hari abandi baza gutwara (gutwara) umwana usibye ababyeyi. Kugirango ishuri ry'incuke riteguze umwana. Ntanubwo ishuri ry'incuke rifite uburenganzu bwo guha umwana undi muntu bitasezeranyweho mbere, yewe nubwo umwana yaba azi uwo muntu.





Ibiruhuko hamwe niminsi imwe yokuruhuka

Hari ibyumweru 4 mu mwaka aho umuntu atariha. Iminsi itanu muriyi minsi igenewe igenamigambi no gutegura, ubwo rero abana babona akaruhuko. Naho ibyumweru 3 bigakoreshwa mubiruhuko.

Amwe mumashuri y'incuke arafungura mumpeshyi yose, naho amwe afunga ibyumweru 3 kugirango nabo bafate ibiruhuko. Iyo abana bavuze ko bazajya mubiruhuko, ntibashobora kuza kw'ishuri ry'incuke muricyo gihe bari mubiruhuko.

Umwana aramutse azakomeza ibiruhuko kurenza ibyo yari yasezeranye n'ishuri ry'incuke, muricyo gihe biba ngombwa ko bimenyeshwa ishuri. Amashuri y'incuke arafungwa kuminsi mikuru hamwe nokuri 17 z'ukwagatanu. Kubijyanye na Noheli, Pasika cyangwa igihe kisarura (mukwacumi) yewe nibiruhuko mugihe cyubukonje, hari amashuri y'incuke abaza ababyeyi niba abana bazafata ikiruhuko. Ibi bikorwa kugirango hamenyekane umubare wabana uzaza kw'ishuri ry'incuke, kugirango bateganye abazaba bari kukazi.

Uburwayi

Uyo ubuzima bw'umwana bumeze nabi, agumishwa murugo, ntabwo aza kw'ishuri ry'incuke. Ubuzima bumeze nabi, byaba nkuko yaba yumva arushye bidasanze, afite isesemi, yumva afite intege nke cyane adashaka kurya. Umwana uruka kandi anahitwa, agumishwa murugo yamara gukira, akongera akaguma murugo indi iminsi 2 nubwo ntamuriro aba afite, mbere y'uko agaruka mw'ishuri ry'incuke.

Impamvu nyamukuru umwana aguma murugo, nukugirango ntiyanduze abandi mw'ishuri ry'incuke. Usibye nibyo umwana abakeneye kwitabwaho kurusha uko bisanzwe, kandi ishuri

ry'incuke ntabwo rifite ubushobozi bwo kureka umukozi umwe ngo akurikirane umwana urwaye.

Mugomba guhamagara kw'ishuri ry'incuke mukabamenyesha ko umwa arwaye. Ibi ni ingenzi cyane nkiyo umwana yarwaye indwara yakwanduza abandi.

Gufata imiti

Rimwe narimwe umwana abakeneye gufata umuti kugira akire. Biri munshingano z'ababyeyi ko umuti utangwa muburyo buribwo kandi ugatangirwa kugihe, nkuko muganga aba yabiteganyije. Ishuri ry'incuke ntirishobora gushyirwaho inshingano zogufata imiti, ariko mubisanzwe rifasha gutanga imiti haramutse hari urwaye. Ibi bigomba gusezeranwaho n'ishuri ry'incuke.

Abana bamwe baba bakeneye imiti buri umunsi kubera uburwayi buhoraho. Biramutse bibaye ngombwa ko iyi miti ishuri ry'incuke riyitanga, ibi bigomba gusezeranwaho muburyo bwihariye. Ubwo rero abakozi bagomba kwigishwa byose bikenewe kubijyanye nimitangire yiyo miti.



Kubijyanye nibiryo hamwe n'igihe bafungurira mw'ishuri ry'incuke



ISHURI RY'INCUIKE RIZAJYA;

- Rikora ibishoboka byose kugirango haboneke indyo zuzuye buri muni – byaba ari ibiryo bizaniye cyangwa bitekewe kw'ishuri ry'incuke
- Rikora ibishoboka byose kugirango amafunguro no guteka ibiryo bifashe mukwishimira ifunguro, mukugira uruhare, mubiganiro no kwisanga mubana.
- Ritanga ibiryo bifite uburyohe butandukanye
- Ritanga amazi cyangwa amata arimwo amavuta make cyangwa arimwo amavuta make cyane ayo abana banywa barimo gufungura
- Riharanira ko abana banywa amazi mugihe bagize inyonta hagati yamafunguro
- Ryrinda ibiryo nibyo kunywa biba byongewemwo isukari
- Riharanira gukaraba intoki neza cyane mugihe cyamafunguro





AMAFUNGURO

Mw'ishuri ry'incuke, abana barya ifunguro rya mugitondo, ibiryo bya sasita bakanarya imbuto.

Ifunguro rya mugitondo

Abana baza kare mugitondo mw'ishuri ry'incuke bashobora kurya ifunguro rya mugitondo mugiyeye ababyeyi babo babyifuza. Mumashuri y'incuke menshi abana bizanira impamba barya mugitondo. Impamba ikwiye kuba igizwe nindyo yuzuye kandi ihagisha, byaba nabyiza bakitwaza imbuto zikataguye muduce duto. Irinde ibiryo bifite isukari nyinshi. Abana bahabwa amata cyangwa amazi kw'ifunguro ryamugitondo.

Ifunguro rya sasita

Mumashuri y'incuke menshi ifunguro rya sasita ririhwa namwe mumamafaranga ababyeyi batanga buri kwezi. Ayandi mashuri y'incuke abafite uko yabitenganyije. Ibi uzabihabwaho amakuru kuva kw'ishuri ry'incuke ryawe. Ishuri ry'incuke rigabura ibiryo bitetse cyangwa bikonje. Ifunguro rya sasita rikonje riba rikubiyemwo imigati nibindi bashyira kumigati, kuburyo abana aribo bigaburira babifashijwemo nabakuru. Amafunguro atetse aba ari nk'isupu nibindi biryo bitandukanye bitetse. Abana bahabwa amata cyangwa amazi mugihe barimwo gufata aya mafunguro.

Ifunguro ry'imbutu

Amashuri y'incuke menshi agira ifunguro ry'imbutu buri muni. Mubusanzwe buri mwana abayitwaje urubuto. Noneho imbuto zose bakazikata muduce duto, kugirango barye kuri zose. Abana bamwe, ubu ninabwo barya impamba baba bashigaje cyangwa yawuruti(yogati). Muri uku gufungura, abana banywa amazi.

Ibiryo byo kwitwaza bagiye kugenda hanze

Kugenda hanze nibimwe mubyo ishuri ry'incuke ritanga. Mubusanzwe abana bagomba kwizanira impamba iyo baribujye hanze kugenda. Nibyiza ko impamba wateganyije idakeneye gushyushywa cyangwa gutegurwa muburyo budasanzwe. Imigati nibyo basigaho/bashyiraho nibyo byiza wahitamwo. Wanakwitwaza imboga zikase cyangwa imbuto nkinyongera. Abakozi babagira inama kubijyanye nibiryo umuntu yitwaza iyo agiye hanze kugenda.

Ibindi

Mugomba kubwira abakozi(abarezi) niba hari ibyo abana banyu batarya. Byaba bishingiye kw'idini, umuco cyangwa kubera impamvu z'ubuzima.



Kubijyanye n'imyenda mw'ishuri ry'incuke



IMYENDA

Mu mashuri y'incuke, abana bakwiye kwambara imyenda, mudatinya ko yakwandura cyangwa ikangirika. Imyenda ikwiye kuba yakwiyamburwa cyangwa ikambarwa muburyo bworoshye, kandi itabagora mummyinyegamburire yabo. Muri Bergen haba imvura nyinshi hamwe nikirere gihindagurika, kuburyo byagorana kwambika umwana bikwiye. Abana ntibakwiye gukonjerwa, ariko nanone ntibakwiye kwambara imyenda myinshi kuburyo yabagora bakina cyangwa mukwinyegambura. Abakozi bo mukiburamwaka babafasha muguhitamwo imyenda ijyanye nikirere gitandukanye.

Kwandika kumyenda

Kugirango abana batibeshya ku myenda yabo mugihe barimwo gutaha, mukwiye kwandika amazina yabo kumyenda yabo yose. Uturemo umuntu yakomeka imbere yimyenda twatumizwa kuri intaneti. Umuntu ashobora kwandika kumyenda numuti wikaramu udakurwaho n'amazi.

Niyihe myenda umwana akeneye mw'ishuri ry'incuke?

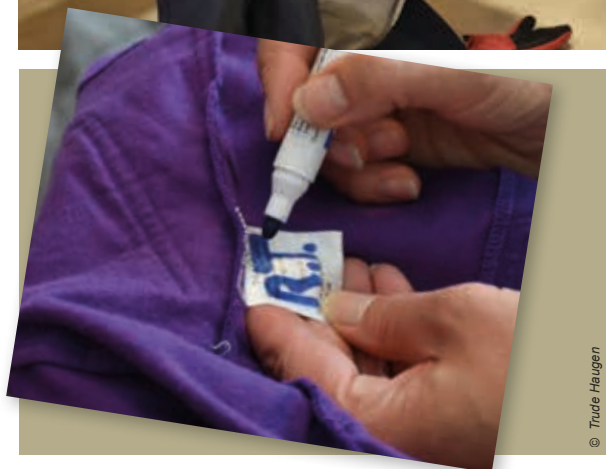
hanze hatose. Biri munyungu zabana ko burigihe baba bafite umwenda winvura umeshe uhora kw'ishuri ry'incuke. Iyo imyenda yanduye, ijyanwa murugo ikameswa.

Abana bagomba kwitwaza inkweto zikoreshwa munzu buri muni. Hasi hashobora kuba hanyerera, bityo abana bashobora kunyerera mugihe bambaye amasogisi gusa. Byanashoboka ko hasi haba hatose, abana nuko bagatoha kubirenge mugihe batambaye inkweto zo munzu.





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Imyenda y'inyongera

Nibisanzwe ko abana batoha cyangwa bakiyanduza mugihe barimwo gukina mw'ishuri ry'incuke. Ubwo rero baba bakeneye guhindura imyenda. Akaba ariyo mpamvu kuba ufite imyenda yinyongera ihora mw'ishuri ry'incuke, nk'amakariso, amasogisi, udupira n'udupantaro bambara imbere yimyenda, imipira hamwe namapantaro. Ujye ucishamwo wibuke kureba ko umwana afite imyenda ikenewe yinyongera.

Mugihe kizuba(Icyi)

Mugihe haba hashyushye, abana baba bakeneye imyenda nikweto byoroheje. Mu mpeshyi nomugihe kisarura(mukwa 9,10,11), nibyiza gukoresha ingofero yimbeho yoroheje, hamwe nigisurubeti cyagenewe ubukonje. Mugihe hari izuba ryinshi hanze, abana baba bakeneye kwitwaza amavuta yagenewe kurinda umuntu izuba. Ikindi nuko aribyiza kwambara ingofero kugirango ikurinde izuba.



Mugihe k'imbeho

Mugihe haba hakonje, abana baba bakeneye igisurubeti cyagenewe ubukonje. Imbere yacyo bambara mwo umupira n'ipantaro byagenewe imbeho cyangwa ikoti ry'imbeho. Naho ubundi ningenzi ko baba bafite ingofero zubukonje zituma bashyuhirwa, amasogisi yagenewe ubukonje, inkweto zishushye kandi zitacibwamo amazi, hamwe naza ga zintoki zizana ubushyuhe. Wibuke ko zaga zintoki zubukonje zitota, nibyiza ko baba bafite imiguru nkingahe yoguhinduranya.

Imyambarire mugihe umwana aryamye hanze mukagare

Abana batoya bakenera kuruhuka kumunsi. Mumashuri y'incuke amwe namwe, abana baryama hanze mutugare twabana, aho baba bacunzwe n'abakozi bo mw'ishuri ry'incuke. Nibyiza kuba ufite umufuka wagenewe gukoreshwa mutugare twabana kugirango ntibibe ngombwa ko abana bagomba kwambara imyenda myinshi. Mu mufuka wagenewe mugukoreshwa mutugare birashoboka ko byaba bihagije kwambara imyenda yoroheje yagenewe ubukonje. Vugana nabakozi mw'ishuri ry'incuke niba haricyo wibaza kubijyanye no kuryama mu kagare k'abana.

Ibindi

Abana bakoresha pamperisi(ipamba,ibyahi), akantu bonka ko kubarangaza cyangwa amavuta yokwisiga, ibi ningobwa ko uba ubifite biri mw'ishuri ry'incuke.



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KOMMUNE